

To all Residents, Family and Friends

Coronavirus Update (COVID-19)

No doubt you are aware of the Coronavirus (COVID-19) and will have come across many stories and headlines across the country every day. We are keeping close contact with advisories from the Government and will keep our communities informed as updates become available and to take actions to reduce the risk of exposure to the virus.

We at Karidis Retirement Villages are committed to ensure all our residents, volunteers, families, team members, contractors and visitors can live, work and visit an environment that is safe to all. We are also committed to taking every precaution to protect the health and safety of our employees and residents. Our Village Managers, have all experienced the flu season and we understand preventing the spread of infection across our Villages and to all our families and friends.

We will be installing automatic hand sanitisers and we will increase our scope of cleaning in each Community Centre and pool areas.

Elderly people are vulnerable and at a higher risk of serious disease from the Coronavirus.

Everyone can protect against infections by practising good hygiene.

We are all encouraged to:

- wash hands regularly, particularly after using the toilet and before eating;
- cover a cough or sneeze with a tissue or with a flexed elbow.
- Avoid close contact with anyone with cold or flu-like symptoms
- avoid spreading infections to others by **staying home** if you are unwell;

People infected with Coronavirus may experience the following symptoms:

- Runny nose
- Sore throat and or Cough
- Fever
- Pneumonia
- Difficulty breathing (severe cases)



The following information is very important and we ask you to take the time to read it through and share this with your family and friends

Australia Government -Travel precautions as at 5th March 2020

If you or your family have **recently visited**, passed through, or had a stopover in China, Iran, Italy, Japan, South Korea or Mongolia we ask that you **do not enter our village** or visit our Community Centre until you have a medical clearance certificate from your GP or you have been back in Australia (symptom free) for 14 days.

If you or your family have **had contact** (within the last 14 days) with someone who recently visited, passed through, or had a stopover in China, Iran, Italy, Japan, South Korea or Mongolia or with someone who exhibits symptoms of the Coronavirus, we also ask that you **do not enter** our Village and Community Centre until you have a medical clearance certificate from your GP or 14 days have elapsed (symptom free).

If you or your family have not been in contact with anyone who has visited China, Iran, Italy, Japan, South Korea or Mongolia this year, but **you have flu-like symptoms**, in which case, as with other viruses, you should visit your GP and stay away from our Retirement Villages and community centres until the symptoms have cleared.

Karidis Retirement Villages will continue to monitor the Coronavirus status. If it is found that one of our Residents has fallen ill to the infection we will then implement site isolation and restrict any village gatherings.

As a resident, family member or visitor, it is important that you check the latest advice being issues by government authorities before you plan to visit our Retirement Village.

If you are seeking more information are encouraged to call the National Coronavirus Health Information Line on 1800 020 080 or visit:

Australian Government: Department of Health:

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>

Australian Government: Department of Home Affairs:

<https://www.homeaffairs.gov.au/news-media/current-alerts/novel-coronavirus>